



Van Isle

VETERINARY HOSPITAL

The following are items that you should consider including in your equine first aid kit:

- Well sealed, portable container
- Pen and Paper
- Rectal thermometer, digital
- Stethoscope
- Hoof pick
- Towels
- Latex gloves
- KY or petroleum jelly
- Sterile and non-sterile gauze sponges
- Non-adherent pad
- Disposable diapers
- Gauze roll or kling
- Vetrax
- Tensor bandage
- Rolled sheet cotton
- White medical tape
- Duct tape
- Bandage scissors
- Saline (for flushing wounds/eyes)
- Antibacterial soap
- Betadine/Iodine solution
- Rubbing alcohol
- Antibiotic/healing ointment (e.g. Hibitane/Furacin/DermaGel)
- Antibiotic eye ointment
- Banamine paste or injectable*
- Phenylbutazone powder or paste*
- Electrolytes
- Sedation* or natural calming spray (equine pheromones)

*Requires a prescription from your veterinarian

Normal Vital Parameters

Heart rate: 30 - 40 beats per minute
Respiratory rate: 10 - 14 breaths/minute
Temperature: 37 - 38.5 celsius

Tips:

- ⇒ Have a list of emergency contact numbers in your first aid kit, barn, trailer, and or tack shop. This can include your veterinarian, farrier, and friends.
- ⇒ Choose an "emergency buddy" - someone you trust to act on your behalf incase you absolutely cannot be reached during an emergency and visa versa.
- ⇒ List your buddies name and contact numbers in your first aid kit, barn, tack shop, and with your veterinarian.
- ⇒ Keep your phone line clear when paging your veterinarian so he/she can get back to you ASAP.
- ⇒ Have your first aid kit close at hand when speaking with your veterinarian incase he/she asks what emergency supplies/medications you have on hand.
- ⇒ Stay calm, survey the environment and always keep yourself out of danger.

Call: **250-334-8400** for emergency 24hr on call service