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## An Introduction to First Aid Treatment in Dogs and Cats

### First Aid Kit Recommendations:

- 1" & 2" Adhesive Tape
- Rectal Thermometer
- Antiseptic Soap
- Elizabethan Collar
- Eye Wash/ Antibacterial eye drops
- Isopropyl Alcohol
- Gauze
- 4"x4" Gauze Pads
- Scissors
- Tweezers
- Bandage Scissors
- Lubricant
- Hydrogen Peroxide
- Benadryl
- Vet Wrap
- Antibiotic Ointment
- Blanket & towel
- Gloves

### Preparedness Phone Numbers:

- Your veterinarian
- Poison Control: 1-800-567-8911
- ASPCA National Animal Poison Control Center: 1-888-426-4435 (need a credit card) or 1-900-680-0000 (billed to your telephone bill)
- Emergency Pet Buddy – someone you trust to make medical decision on your behalf

### Heart Rate (beats/minute):

Small Breed dogs	Large Breed dogs	Cats
Up to 180	60-140	120-240

### Respiratory Rate (breaths/minute):

Small Breed dogs	Large Breed dogs	Cats
24-36	18-30	20-30

### Temperature Range:

Small Breed dogs	Large Breed dogs	Cats
38.5 – 39.5	37.5 - 38.5	37.5 – 39.5